

An **Advanced Practice Physiotherapist** has joined our team, if you have a bone, muscle or joint problem they can see you rather than the GP.

How can they help me?

- Make a diagnosis and develop a plan
- Provide exercise advice
- Manage pain, linking with GP for medication or sick note if needed
- Referral for further investigations
- For ongoing treatment you may be referred to the main physiotherapy service or Orthopaedics at the hospital.



Choose the right service!